

Boone County 4-H Youth Development **February** Newsletter

Cooperative Extension Service Boone County 6028 Camp Ernst Rd P.O. Box 876 Burlington, KY 41005-0876 (859) 586-6101 boone.ext@uky.edu boone.ca.uky.edu

2025

## **Agent's Message**

From a peanut farmer to the Presidency, Jimmy Carter's legacy extends far beyond his political career. He learned valuable lessons from farming and Cooperative Extension that he shared with others throughout his life. The natural leadership qualities and positive impact he made while championing human rights, diplomacy and humanitarian efforts match the positive youth development we see in 4-H'ers, especially service.



Source: 4-H, www.facebook.com, post date December 30, 2024



2025 4-H Summer Camp Registration Now Open

Spots fill up quickly; register soon!

> More details on back page...





## Teen Club

Teen Club is open to all middle and high school aged youth. We learn about leadership, civic engagement, go on trips, and have fun!

#### Wednesday, February 12th: 6 - 7PM

 Boone County Enrichment Center, Upper level

## Art a la Carte

Come have fun with Art Club in February where we will be doing abstract acrylic paintings. This project can be eligible for a fair entry but is not required to do so.

#### Monday, February 24th: 5 - 6PM or 6 - 7PM

- For advanced or beginner artists.
- All supplies are provided.
- Boone County Enrichment Center

To receive class sign-up link email <u>bc4hartphotoclub@gmail.com</u> Link will be emailed one week before class.

## Cloverbuds Corner

Cloverbud clubs are for children ages 5-8. Register for these by calling 859.586.6101 or sign up on our website.

### Lil Buds Club

#### Thursday, February 13th: 5:30 - 6:30PM

Boone County Enrichment Center -Lower level

#### Lego Club

4th Friday of each month: 4:45 - 5:45PM

Boone County Extension Office

## Paws & Claws Cat Club

Continuing on our world tour of cats, during this month's meeting we will learn about cats and cat culture in Africa.

#### Wednesday, February 12th: 5 - 6PM

- Boone County Extension Office
- Contact <u>bc4hcatclub@gmail.com</u> to sign up or learn more.



## Sew Unique Design Club

In February we will be making a special memory travel-sized pillow. You must email Debra a photo or photos (up to 3) to have printed on fabric that she will bring to class for you to make your project.



Available Classes: Saturday, February 8th: 9 - 11AM Saturday, February 8th: 11:15AM - 1:15PM Saturday, February 8th: 1:30 - 3:30PM Monday, February 10th: 2 - 4PM Monday, February 10th: 4:15 - 6:15PM Monday, February 10th: 6:30 - 8:30PM

- For advanced or beginner sewers.
  - All beginner sewers ages 9-11 must have an adult stay with their child during class. Younger siblings are not permitted in the classroom due to safety concerns.
- All supplies & equipment provided.
- Boone County Ellis House

To receive class sign-up link email <u>4hdesignclub@gmail.com</u>. Link will be emailed Monday before classes.

## Floral Design Club

Our December class was very busy with 17 students attending. We made a floral Christmas table decoration with fresh flowers and greenery.

For one of our students, it was her last meeting as she is returning to Japan. We bought her a book on flowers as a gift and a reminder of her time in our class.

We have lost one of our teachers as Miss Catherine has decided to step down. Her place has been taken by Miss Annette, who will be joining us from our January meeting onwards.

During our February meeting, we will be creating Valentine's Day arrangements.

#### Wednesday, February 12th: 6 - 7PM

- For advanced or beginner artists.
- Registration required
- All supplies provided.
- Boone County Enrichment Center

Questions? Contact Marea West at 859.689.1584 or mareawest@fuse.net.



## Young Guns

## What is the Young Guns Equestrian Drill Team?

The Young Guns is a 4-H based drill team of 9 to 18 year-olds. They are based in Boone County, Kentucky but some riders come from different counties which include Kenton, Pendleton, Campbell, and Grant County. The riders come together with their horses and perform their choreographed routine. They have many different breeds mixed in together; they have had a P.O.A. (Ponies of America) to a Percheron.

## Why should you join the Young Guns Equestrian Drill Team?

Well, it helps you build your leadership skills and helps you create friendships that will last a lifetime. The practices for 4-H are on Mondays and Wednesday from 7 - 8:30PM either at Kentucky Cowtown Arena in Grant County or at Boone County Fairgrounds.

#### **Obstacle Course Play Days**

Pre-register by texting Joyce at 859.630.4566

- Sunday, February 16th: 11AM 4PM
- Sunday, March 9th: 11AM 4PM
- Kentucky Cowtown Arena
  210 Wainscott Rd.
  Williamstown, KY 41097

#### **Annual Tack Auction**

- Saturday, March 1st
- Boone County Extension Office



#### Questions? Contact Joyce Voet at 859.630.4566

## Horse Education

#### February 8th 9AM - 12PM

- Topic: Horse show 101
- Extension Enrichment Center, Lower Level

#### March 15th, time TBD

- Presented by Northern Kentucky Horse
  Network
- Alexandria Fairgrounds 100 Fairground Road Alexandria, Ky 41001
- 3 education hours

Questions? Contact Rusty Wolf at <u>rusty.wolf@uky.edu</u> or call 859.586.6101

## Horse Sense Club

Club meets on Tuesdays each month, from 6:30-7:30PM.

Upcoming meeting dates: February 11 March 11 April 15

Questions? Contact Ashley at <u>ashley.englandhuff@gmail.com</u> or call 859.393.7501

## **Livestock Club**

February meeting information:

#### Monday, February 17th: 9AM - 12PM

- Sluegrass Stockyards Lexington, KY
- Registration required; call 859.586.6101 or on our website.
- Please bring money if you are interested; there is a restaurant at the stockyards for when we dismiss.
- If your club member needs transportation, or for any other questions, contact Rusty at 859.586.6101 or <u>rusty.wolf@uky.edu</u>.



## Join us for the First Annual 4-H Day Hosted by the Kentucky Historical Society!

FRIDAY, FEBRUARY 7, 2025 • 10:00 a.m. - 4:00 p.m. EST

Explore and discover in Frankfort, Kentucky's state capital! 4-Hers will have the opportunity to **earn achievement points** and network with other **4-H members from across the Commonwealth** while touring two of our sites: the **Thomas D. Clark Center for Kentucky History** (including our main exhibit, *A Kentucky Journey*), and the **Old State Capitol** building. Recommended for students in grades 6-12. Students will also be able to participate in **special tours, learning labs, and seminars**. Scan the QR code below to **register** and to learn more about the **full day of activities**!

## SCHEDULE

Activities in Blue are Limited Capacity and Require Preregistration

KHC: Thomas D. Clark Center for Kentucky History (100 W Broadway) • OSC: Old State Capitol (300 W Broadway)

	Gallery Talk	Be a Curator	Meet a Manuscript	Highlights Tour of KHC	Behind the Scenes Tour	Host a Historian	Guided Tour of OSC	Highlights Tour of OSC	Historical Marker Workshop
10:00 AM	DOORS OPEN AT KHC								
10:30 AM	ASSEMBLY AT KHC IN BROWN FORMAN ROOM								
11:00 AM	х	х	х		х				
11:45 AM	LUNCH BREAK - YOUR CHOICE, ON YOUR OWN!								
1:00 PM		х			х	х			
2:00 PM			х		х			х	х
3:00 PM				х			х		
PLACE	KHC A Kentucky Journey	KHC Klotter Classrooms	KHC Brown Forman Room	KHC A Kentucky Journey	KHC Commonwealth Hall	KHC Brown Forman Room	OSC	OSC	KHC Klotter Classrooms



0 AL SOCIET HISTORIC



100 West Broadway • Frankfort, KY • history.ky.gov



## **Heart-Shaped Fruit Wands**

Servings: 1 Serving Size: 1 wand

#### Ingredients:

- 1 Strawberry
- 10 Blueberries and/or raspberries

#### **Directions:**

- 1. Cut a "V" in the top of the strawberry, removing the core and forming a heart-shape.
- Skewer the blueberries on a kabob-stick, top each the wand with the heart-shaped strawberry.

NUTRITION FACTS PER SERVING: 15 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 0mg sodium; 4g total carbohydrate; 1g dietary fiber; 3g total sugars; 0g added sugars; 0g protein; 0% Daily Value of vitamin D; 0% Daily Value of calcium; 0% Daily Value of iron; 2% Daily Value of potassium



Source: Eat Smart to Play Hard: Jeannie Najor, Program Coordinator, University of Kentucky Cooperative Extension Service

# February Fun Fact

February is the shortest month with only 28 days, except during leap years when it has 29. Leap years occur every 4 years. Our next leap year will be 2028.



## **FEBRUARY WORD SEARCH**

FEBRUARY VALENTINE HEART PRESIDENTS CHOCOLATE GROUNDHOG FOOTBALL SHADOW TEETH LOVE FLOWERS CUPCAKE CARD CANDY WINTER







Applications are available at the extension office or on our website.

Payment can be made with exact change or check, payable to Boone County 4-H Council. We are unable to provide change or accept credit cards.

Questions? Contact Rusty at rusty.wolf@uky.edu or call 859.586.6101

\*\$125.00 for Boone County 4-H members & \$325.00 for non-members.

IF YOU HAVE ANY QUESTIONS, CALL THE EXTENSION OFFICE AT 859-586-6101.

LAILA EL-AMIN Laila.El-amin@uky.edu RUSTY WOLF Rusty.Wolf@uky.edu CATHY FELLOWS Cathy.Fellows@uky.edu

## BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities accommodated with prior notification.