



Boone County  
4-H Youth Development  
**March**  
Newsletter

Cooperative Extension Service  
Boone County  
6028 Camp Ernst Rd  
P.O. Box 876  
Burlington, KY 41005-0876  
(859) 586-6101  
boone.ext@uky.edu  
boone.ca.uky.edu

2025

KY 4-H HORSE PROGRAM *T-Shirt*  
**DESIGN CONTEST**

Calling all artists! Your design could be featured on the **2025 Kentucky State Fair 4-H Horse Show T-Shirt!**

Submissions due by:

**05.01.2025**

Email to: [anna.draeger@uky.edu](mailto:anna.draeger@uky.edu)

Keep in Mind:

- Send an exact copy. Designs will be digitized exactly as submitted.
- Use 1-2 colors in the design- we will choose a shirt color for contrast.



**ATTENTION**

**4-H Spring Break Project Classes Coming Soon!**

We offer classes during Boone County School Spring break, taking place this year April 7 - 11th.

Follow us on Facebook @boonecounty4h or check our website for details.

**THE WINNER  
GETS A FREE  
T-SHIRT!**



## Teen Club

Teen Club is open to all middle and high school aged youth. We learn about leadership, civic engagement, go on trips, and have fun!

**Wednesday, March 12th: 6 - 7PM**  
Boone County Enrichment Center, Upper level

## Art a la Carte

For the months of March and April, 4-H Art Club's Art a la Carte classes will offer a special leather working summer fair project class. Each class in both months will have the same content so sign up for only one class in either March or April. **The sign-up for both months' classes will be emailed out from our club on Monday, March 17th at 7PM.**

Parents may drop off their children for this class but are welcome to stay.

**Monday, March 24th: 5 - 6:30 PM or 6:30- 8PM**  
**Monday, April 21th: 5 - 6:30 PM or 6:30- 8PM**

- For advanced or beginner artists.
  - All supplies are provided.
- Boone County Enrichment Center

To receive class sign-up link email [bc4hartphotoclub@gmail.com](mailto:bc4hartphotoclub@gmail.com).

## Cloverbuds Corner

Cloverbud clubs are for children ages 5-8. Register by calling 859.586.6101 or sign up on our website.

### Lil Buds Club

**Thursday, March 20th: 5:30 - 6:30PM**  
Boone County Extension Office

### Lego Club

**4th Friday of each month: 4:45 - 5:45PM**  
Boone County Extension Office

## Paws & Claws Cat Club

Continuing on our world tour of cats, during this month's meeting we will learn about cats in Australia and New Zealand.

**Wednesday, March 12th: 5 - 6PM**  
Boone County Extension Office  
• Contact [bc4hcatclub@gmail.com](mailto:bc4hcatclub@gmail.com) to sign up or learn more.



## Sew Unique Design Club

Sew Unique Design Club started its first spin-off quilt club this February. Nine of our experienced sewers will be making their first quilt in the coming months. Please check them out at this year's fair.

For March, beginner sewers will be making a travel memory pillow. Personal photographs of holidays, pets, loved ones, or travels must be emailed to our club leader to have them printed on fabric by **March 12th**. Email Debra at [4hdesignclub@gmail.com](mailto:4hdesignclub@gmail.com) with 1-3 photos and if you have any questions.



### Available Classes:

**Saturday, March 15th: 9 - 11AM**

**Saturday, March 15th: 11:15AM - 1:15PM**

**Saturday, March 15th: 1:30 - 3:30PM**

**Monday, March 17th: 2 - 4PM**

**Monday, March 17th: 4:15 - 6:15PM**

**Monday, March 17th: 6:30 - 8:30PM**

- For advanced or beginner sewers.
  - All beginner sewers ages 9-11 must have an adult stay with their child during class. Younger siblings are not permitted in the classroom due to safety concerns.
- All supplies & equipment provided.
- 📍 Boone County Ellis House

To receive class sign-up link email  
[4hdesignclub@gmail.com](mailto:4hdesignclub@gmail.com).  
The March sign-up will be emailed out on  
Monday, March 10th @ 7PM.

## Floral Design Club

**Wednesday, March 12th: 6 - 7PM**

- For advanced or beginner artists.
- Registration required.
- All supplies provided.
- 📍 Boone County Enrichment Center

Questions? Contact Marea West at  
859.689.1584 or [mareawest@fuse.net](mailto:mareawest@fuse.net).



# ATTENTION

**Don't miss the fun!**

**2025 4-H Summer Camp  
Registration Now Open**

Spots fill up quickly;  
register soon!

More details on back page...

## Elite Equestrian Drill Team

The Elite Equestrian drill team is gearing up to get back into action! We are running through our drills to prepare for our upcoming competition in June!

Are you interested in joining us on our journey? There's still time!

Contact Coach April at 859.250.9281 for additional information!



## Livestock Club

**Monday, March 15th: 9AM-12PM**

Join the Boone County 4-H Livestock Club for an exciting and educational tour of Morehead University's Derrickson Agriculture Complex! This is a great opportunity to get 2 hours of valuable education for your livestock projects.

Special Focus: Learn about Morehead's lamb operation & experience the lambing season up close with the flock!

Registration required; call 859.586.6101 or visit our website.

📍 Morehead University  
Derrickson Agricultural Complex  
25 MSU Farm Drive,  
Morehead, KY 40351

If you need help with transportation or have questions, please reach out to Rusty Wolf at 859.586.6101 or [rusty.wolf@uky.edu](mailto:rusty.wolf@uky.edu).

## Horse Education

**Saturday, March 15th: 9AM - 12PM or 1-4PM**

- 📍 Kentucky Cowtown Arena  
210 Wainscott Rd.  
Williamstown, KY 41097
- 3 education hours
  - 12-1PM lunch break; provided by Northern Kentucky Horse Network

Questions? Contact Rusty Wolf at [rusty.wolf@uky.edu](mailto:rusty.wolf@uky.edu) or call 859.586.6101

## Horse Sense Club

Club meets on Tuesdays each month, from 6:30-7:30PM. We discuss horse-related education topics and do a craft. You do not need a horse to participate!

Upcoming meeting dates:

- **March 11**
- **April 15**

Questions? Contact Ashley at [ashley.englandhuff@gmail.com](mailto:ashley.englandhuff@gmail.com) or call 859.393.7501.

## Hops & Flops Rabbit Club

Upcoming meeting information:

**Thursday, March 20th: 6:30-8PM**

📍 Boone County Extension Office

Questions? Contact Lindsay Callahan at [lcallahan09@mail.wou.edu](mailto:lcallahan09@mail.wou.edu).



# 4-H HARVEST, FOOD EXHIBIT & FOOD PRESERVATION JUDGING CONTEST

Due to the early timing of our county fair, crops won't be ready for harvest, and plants might wilt before it's time to showcase them at the State Fair. Don't worry! We've got something special lined up!

**Don't miss this incredible opportunity to showcase your hard work and have your exhibits shine at the State Fair!**



Tuesday, July 22, 2025



8 AM - 7PM



Drop entries off:  
Boone County Extension Main Office  
6028 Camp Ernst Rd, Burlington, KY 41005



## Here's how it works:

- Youth participants can enter their fair exhibits in the following 4-H categories: Crops, Food, Food Preservation, Horticulture and Plant Science and Tobacco! (Visit our website for details)
- Submitted items will be judged Wednesday, July 23, 2025
- Pick up your judged entries by Friday, July 25, 2025

🏆 1st, 2nd, and 3rd place winners will be notified to submit freshly picked or cooked duplicates for the Kentucky State Fair! Items need to be dropped off to our office on Sunday, August 10th, 2025 between 12 PM - 1 PM. Our staff will transport them to the State Fair.



























**MUST BE A BOONE COUNTY 4-H MEMBER.**


Enrollment form is online at [boone.ca.uky.edu/4h-youth-development](http://boone.ca.uky.edu/4h-youth-development)  
Questions? Contact Cathy at [cathy.fellows.com](http://cathy.fellows.com) or 859.586.6101




# What is a Cryptogram?

A Cryptogram is a coded message where each letter is replaced by a symbol. A symbol key shows you what symbol is used in place of each letter. To solve the cryptogram, you need to figure out which symbols stand for the real letters. It's like being a detective and cracking a secret code to reveal the hidden message!

Can you find the words by using the key below?



A	B	C	D	E	F	G	H	I	J	K	L	M
												
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
												


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Answers: 1. EASTER EGGS 2. HUNT 3. ST PATRICKS DAY 4. MARDI GRAS 5. GREEN 6. GOOD LUCK 7. BUNNY 8. CHERRY BLOSSOMS 9. SHAMROCK 10. TULIPS

## Ranch and Chicken Wrap

Servings: 1

Serving Size: 1 wrap

### Ingredients:

- 3 ounces canned or packaged chicken, drained
- 1 tablespoon light ranch dressing
- 1 tortilla
- 1/2 cup fresh spinach or lettuce
- 2 tablespoons shredded cheese

### Directions:

1. Stir dressing into chicken.
2. Place chicken mixture down in center of tortilla.
3. Top with cheese and spinach.
4. Fold the wrap around the filling and enjoy.



**Nutrition facts per serving:** 120 calories; 3g total fat; 0g saturated fat; 0g trans fat; 50mg cholesterol; 430mg sodium; 4g total carbohydrate; 0g dietary fiber; 1g total sugars; 0g added sugars; 17g protein; 0% Daily Value of vitamin D; 8% Daily Value of calcium; 0% Daily Value of iron; 0% Daily Value of potassium.

**Source:** University of Kentucky Cooperative Extension Service: Nutrition Education Program: Backpack Recipes

# Dance Fitness

Get ready to move and have a blast with our Dance Fitness class! It's all about having fun, dancing to awesome tunes, and staying active with friends. No dance experience needed – just bring your energy and get ready to have a blast! 4-H members and their parent or adult guardian can participate, younger siblings and non 4-H members are not permitted in this class due to safety concerns.



Tuesdays, March 11, 18 and 25 | 6:30 - 7:30 PM



Boone County Extension Florence  
7111 Dixie Highway, Florence, KY 41042



**REGISTRATION REQUIRED. MUST BE A 4-H MEMBER.**

Register online at [boone.ca.uky.edu](http://boone.ca.uky.edu) Questions? Email [Laila.El-Amin@uky.edu](mailto:Laila.El-Amin@uky.edu)

BOONE COUNTY 4-H

# SUMMER CAMP 2025



JULY 28 - AUGUST 1

Cost:  
\$125\*

Ages  
9-14



Applications are available at the extension office or on our website.

Payment can be made with exact change or check, payable to Boone County 4-H Council.  
*We are unable to provide change or accept credit cards.*

Questions? Contact Rusty at [rusty.wolf@uky.edu](mailto:rusty.wolf@uky.edu) or call 859.586.6101

**\*\$125.00 for Boone County 4-H members & \$325.00 for non-members.**

IF YOU HAVE ANY QUESTIONS, CALL THE EXTENSION OFFICE AT 859-586-6101.

LAILA EL-AMIN  
[Laila.El-amin@uky.edu](mailto:Laila.El-amin@uky.edu)

RUSTY WOLF  
[Rusty.Wolf@uky.edu](mailto:Rusty.Wolf@uky.edu)

CATHY FELLOWS  
[Cathy.Fellows@uky.edu](mailto:Cathy.Fellows@uky.edu)

BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

## MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English.  
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.